

# STERLING ENGINEERING — TRAINING HUB —

7 Mandai Link, Mandai Connection, #09-37, Singapore 728653  
Tel: +65 6635 3599 Fax: +65 6635 3596 Email: training@sterlingengineering.com.sg

## WORK-AT-HEIGHTS COURSE FOR WORKERS

COURSE DETAILS
<b>Course Duration:</b> 1 full day (7.5 hours including 1.5 hours of assessment)
<b>Modes of Assessment:</b> Multiple Choice Questions (MCQ)
<b>Passing Criteria:</b> 60% for Written Exam and 100% for Practical
<b>Course Attendance Record:</b> 100% attendance
HEALTH AND FITNESS REQUIREMENTS
The course will require physical activity that is more than the usual of what you may encounter in normal daily workplace. STERLING has the right to exclude any trainee from training at any stage, for the safety of the participant.

COURSE OBJECTIVES
The <b>Work-At-Heights Course for Workers</b> aims to provide course participants with the Work-At-Heights ("WAH") knowledge so that they are conducted properly and safely. During the course, the participants will learn about:
1. Work-At-Heights Legislation
2. Risk Assessment for Work-At-Heights
3. Ladders and Step Platforms
4. Personal Protective Equipment for Work-At-Heights
5. Principles of Fall Protection
6. Fall Rescue and Suspension Trauma
7. Practical Lessons on Harness Fitting, Harness Suspension, Retractable Fall Arrestors, Twin Lanyards, Ladder Systems
8. Fall Prevention Plan and Emergency Preparedness

**Course Fees** : S\$90 per participant (exclusive of 7% GST)

**Course Time** : 9:00 AM to 5:00 PM **Medium** : English

**Venue** : 7 Mandai Link, Mandai Connection, #09-37, Block B, Singapore 728653

*Course is conducted every Monday and Thursday unless otherwise notified.*

### 1) PARTICULARS OF COMPANY AND CONTACT PERSON

*(For company sponsored applicants only)*

**Company Name** : \_\_\_\_\_  
**Mailing Address** : \_\_\_\_\_  
**Name** : \_\_\_\_\_ **Tel** : \_\_\_\_\_  
**Designation** : \_\_\_\_\_ **Fax** : \_\_\_\_\_  
**Email** : \_\_\_\_\_ **Mobile** : \_\_\_\_\_

### 2) PARTICULARS OF PARTICIPANT

**Full Name** : \_\_\_\_\_ **NRIC/FIN** : \_\_\_\_\_  
**Home Address** : \_\_\_\_\_ **Mobile** : \_\_\_\_\_  
**Email** : \_\_\_\_\_ **Tel** : \_\_\_\_\_  
**Date of Birth** : \_\_\_\_\_ **Qualification** : \_\_\_\_\_ **Nationality** : \_\_\_\_\_

### Declaration

I declare that the particulars given by me in this registration and the enclosed supporting documents are accurate and true to the best of my knowledge and belief, and hereby acknowledge and accept the terms and conditions stipulated overleaf.

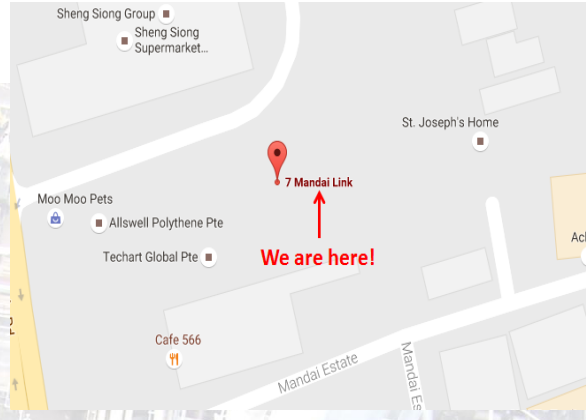
\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Company Stamp

\_\_\_\_\_  
Date

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## COURSE REGISTRATION AND PROCEDURES

- Course registration shall be applied at least 3 days in advance. Registration is based on first-come-first served basis. To confirm the registration, payment of the course fees must be made before the commencement date. Sterling Engineering Pte Ltd ("Sterling") reserves the right to decline a participant from attending the training at its sole discretion.
- Certificate/card shall be issued within 1 month from the course completion date. For WDA courses, SOA for candidates that are certified "Competent" shall be ready within 3 months from the assessment completion date as per WDA's T&Cs. No certificate/card will be issued unless full payment is received by Sterling before the course ends. An email notification will be sent once the certificate/card is ready for collection. Uncollected certificate/card within 3 months from the date of the email notification will be destroyed. An administrative charge will apply for re-printing of replacement certificate/card at \$20/- (Police report is required for lost certificate/card case).
- Participants are reminded to attend to attend training punctually. Full course fees will still be imposed if the trainee does not attend the training sessions without prior notice.
- Notice of replacement or withdrawal must be made in writing to Sterling subjected to the following:
  - 1) No administrative charge if notice of replacement reaches Sterling at least 3 working days before the course commencement date. Replacement of participants is only allowed once. Administrative charge is 10% of the course fees or \$30/-, whichever is higher.
  - 2) 90% refund of course fees if notice of withdrawal reaches Sterling at least 2 weeks before the course commencement date.
  - 3) 75% refund of course if notice of withdrawal reaches Sterling less than 2 weeks but more than 3 working days before the course commencement date.
  - 4) No refund of course fees if notice of withdrawal reaches Sterling 2 working days or less before the course commencement date.
- Candidates who wish to appeal for review of assessment results, please fill the Assessment Appeal Form that can be downloaded from website. There will be an admin fee of \$60.00 (excl. GST, non-refundable).
- Funding support of up to 90% of course fees is available for Singaporeans and Singapore Permanent Residents. Companies should submit the training grant application through SkillsConnect (Course Code **CRS-N-0042384**). All applications are subject to the requirement and approval of Skillsfuture Singapore (SSG). For assistance, please visit [www.skillsconnect.gov.sg](http://www.skillsconnect.gov.sg).

By submitting this form, you hereby agree to Sterling's privacy policies. A copy of the privacy statement is available on our website.

### FOR OFFICIAL USE ONLY

**Supporting Documents** :  Copy of NRIC / FIN       Copy of highest qualification  
 Yes                       No

**Payment Collected** :      Date: \_\_\_\_\_      Mode: Cash / Cheque \_\_\_\_\_  
 Yes                       No

**Course Confirmation** :      Date: \_\_\_\_\_      Mode: Email / Self Collected

**Verified by / Date** : \_\_\_\_\_